

# Subject on a Page- PSHE and RSE

## Intent – we aim to...

Teach skills that progress from year 3 to year 6

Give pupils the knowledge and tools to live a safe and healthy life.

Develop our core 5R Values

Teach pupils the skills they need to manage their own behaviour, feelings and emotions.

Give pupils the right tools to understand their self-worth and to think positively about themselves.

Teach pupils the skills they need to become an effective and responsible citizen of their local community and wider world.

Promote the British Values.

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## Implementation – How do we achieve our aims?

### Planning

PSHE is planned as a stand-alone lesson in class groupings in Year 3/4 and Year 5/6 in accordance with the recent Statutory Government Guidelines. We teach PSHE following the units of the 3 Dimensions scheme and use the planning and resources as the main structure/resource (we adapt the planning and resources to best suit our pupils and make it engaging). The three underlying core themes we teach using this scheme is Health and Wellbeing, Relationships and Living in the Wider World. We will occasionally plan in additional lessons we feel our pupils need when we identify they need them, such as friendships, kindness, COVID etc. Learning takes place in the form of discussion, role-play, debates, and pictures, posters, film clips and artefacts are used as aids to engage or hook the learning of our pupils.

### Assessment

Progress and achievement is recorded in the 'Skills Journal' which details the key skills/learning outcomes. This is an ongoing record for the four years that the child is a pupil at BJA. We plan in opportunities for regular questioning of prior learning. The skills that are taught and learnt in PSHE can also be seen through the pupil's general behaviour, attitude and well-being throughout school.

### Extra Curr Opps

Links are made between the teaching of PSHE and other curriculum areas and the overall termly topic where appropriate. Careful consideration is given to assembly themes; with emphasis on the 5Rs, British Values and reflection (celebration assembly), as well as specific events that occur within school, our local community and the wider world. Opportunities are made available for our pupils to develop other PSHE skills through having specific responsibilities within school – 'Peer Mediator' and School Council. Extra curricular opportunities to help the wider world – harvest, visit to care home etc

### SEND

PSHE lessons provide an inclusive environment where pupils feel comfortable and safe to discuss their opinions, feelings and emotions. Lessons are carefully planned and resourced, including appropriate support and scaffolding so our children with SEND can access their learning at an appropriate level that engages and challenges them.

RSE is taught every year in Year 3/4 and Year 5/6 in accordance with the recent Statutory Government Guidelines and following the agreed 'Channel 4' scheme, recapping prior learning from the year before. It is taught by class teachers in class groups so we can respect our pupil's sensitivities when discussing these units. Whilst most of the activities are taught in mixed-gender groups, there are times when boys and girls are separated – so questions can be answered, which may be of a more personal nature. Children have the opportunity to ask questions, though questions are vetted and answered appropriately and sensitively. Opportunities are given to discuss informal and formal technical vocabulary as we feel it is important to encourage pupils to use technical vocabulary.

### Vocabulary

Emphasis is given to ensuring pupils learn appropriate vocabulary when studying different areas of PSHE. Regular opportunities for recapping prior learning including vocabulary. Introduction of new vocabulary - displayed and discussed at the start of every lesson. Pupils are encouraged to use accurate vocabulary (of which has been taught) in discussion and written tasks.

### Values

**Respect:** Respecting other's beliefs, opinions, feelings and emotions.

**Resilience:** Face situations head-on, learning from failure or difficult times and emotions and how to cope with any challenges that they experience.

**Reflection:** Reflect on their own actions to enable them to improve or do things differently next time.

**Relationships:** Encourage pupils to build healthy relationships with the people around them.

**Responsibilities:** Being responsible for their own actions and knowing right from wrong. As well as being responsible for their part within the community. Learning the importance of the responsibility of keeping themselves safe in the wider world.

### RSE

## Impact – How do we know if we've achieved our aims?

Pupils can demonstrate, display and discuss the skills taught.

Pupils can demonstrate and talk about making positive choices in order to maintain positive emotional health and well-being.

Pupils can explain how they demonstrate and develop the 5Rs in PSHE.

Pupils can demonstrate and talk about understanding and managing behaviours, feelings and emotions in an appropriate and positive way, as well as respecting other's feelings and being a good friend.

Pupils display and talk about themselves in a positive way and are able to identify their own strengths.

Pupils can demonstrate and explain the importance of their participation in the wider world, understanding responsibilities and rules. They are able to connect with all members of the community regardless of their background.

Pupils demonstrate an understanding and awareness of British Values in their actions, as well explain what life might be like without them.

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