

# Subject on a Page- PE

## Intent – we aim to...

Teach skills that progress from year 3 to year 6

Allow pupils to develop a variety of transferable skills, which can be applied in various other sports

Develop our core 5R Values

Inspire all pupils to create a lifelong passion for P.E and develop a secure awareness of the importance of Physical Education and how it contributes to overall health well-being.

To give all pupils the opportunity to take part in inter and intra competitions to understand how to cooperate and collaborate with others as part of an effective team,

Identify talented sports men and women and provide additional opportunities for them to succeed past primary sports.

Improve the wellbeing and fitness of all pupils not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

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### Planning

At BJA, P.E is planned as a stand-alone lesson that follows the scheme of work 'Complete Pe' and 'dance notes'. P.E is planned progressively and progression objectives are further differentiated into core and advanced within lower key stage 2 and upper key stage 2. Each year group will participate in dance and gymnastics along with various team games; net and wall games and sending and receiving. Pupils, who have been identified as non-swimmers have are offered weekly swimming lessons, starting with the Y6 pupils. All of the learned skills can be transferred and applied to future year groups. Lessons consist of a warm-up, skills development, games to apply skills and a mini-plenaries. We use an outside provider that teaches topics that are identified from our 4-year plan.

### Inter-school competitions

At BJA we are passionate about giving the majority of pupils opportunities to take part in various tournaments and competitions. We access these through various avenues and are a core part of PE and Sport at BJA. The secondary school (Branston Community Academy) offer tournaments throughout the year. A School Games organiser, who works alongside 'The Primary School Games offer', is assigned to our school also provides a range of competitions throughout the year; these are designed around a variety of intents and focuses. Our outside provider, Premier Education offer tournaments throughout the year too. We monitor this to promote participation with all pupils, where possible. We value competitions as they provide opportunities for pupils to demonstrate the 5R's and develop many aspects of the PE curriculum.

### Assessment

PE is continually assessed throughout the year using a bespoke Topic booklet created personally for our school. Each half term each child, along with their teacher, will record and date objectives that have been learnt. This booklet is kept with them throughout yr3-yr6 and should show objectives for PE are covered each year. We also, as a team, highlight gifted and talented pupils in various of PE, so we are able to offer them opportunities to develop and challenge their skills.

### Vocabulary

Key vocabulary is an important part of all our learning. We introduce key vocabulary, explain and define it with the pupils. Once it has been introduced, pupils are encouraged to use it in discussions and during practical activities.

### Values

- Respect** – We respect everyone's varying ability and know that people have strengths in different areas. We also respect the equipment, both when it is being used and how it is stored.
- Resilience** – We strive to build on what we have found difficult, support children in how to keep going, no matter how hard things may seem. Practicing core skills gives us the resilience to keep going, in a range of sports, to be the best versions of ourselves.
- Relationships** – Sportsmanship and Teamwork are the core relationship values within P.E. Learning to work together, encourage and support each other is key.
- Responsibility** – Encouraging children to take responsibility for their health and well-being. Teaching why PE is important for life and not just for that lessons. Teaching the why, not just the what.
- Reflection** – Reflecting on what has been learnt and how it will help overall skill in sport. Reflecting on performance and how we can learn from our own performances and others. Reflect on how physical exercise and success makes us feel mentally.

### Extra Curr Opps/Cross Curricular

As well as offering inter school competitions, we provide intraschool competitions. We are part of the 'Primary School Games Offer' which provide many opportunities for the pupils and we have now achieved 'Gold School Games Mark' Active Maths/Active English – where PE skills are used within other subjects. We offer a variety of after-school/Lunch time clubs. Part of a Lincoln Schools netball league. Part of the Golden Mile initiative.

### SEND

Modelling and scaffolding, the use of resources and the adaptation of the learning environment, enables all pupils, including those with SEND to achieve their full potential. Our PE curriculum is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavours to provide appropriate but challenging and enjoyable learning situations for all pupils.

## Impact – How do we know if we've achieved our aims?

Motivated pupils participate in a variety of sports through quality teaching which is fun and pupils are engaged

Children can transfer skills and apply them to different sports

Pupils can discuss how each R can be shown and see within the PE and Sport Curriculum

Children can talk positively about PE. Children taught to engage in PE with a positive attitude that creates a love for competitive sports.

Monitoring how many children will have taken part in either intra or inter sports competitions: all children will have had opportunity at some level.

Identify G&T children and signpost. Engage when there is an opportunity to further their skill.

Children take responsibility for their own health and fitness, elevating higher culture capital.

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